

YOUTH WEEK AT COWICHAN COMMUNITY CENTRE

FREE ACTIVITIES | May 1 - May 7



BC Youth Week is a provincial celebration of youth, held annually during the first week of May. It is a week of fun-filled interaction and a celebration intended to build a strong connection between youth and their communities.



Friday | May 1

CVAC: Youth Art & Chill Cafe

Ages 13 - 18 | 1:00 - 4:00 pm

Spend your afternoon out of school in creative space with mixed media art. Get your supplies from the supply bar and enjoy the chill atmosphere with friends or solo. Experienced artist volunteers will be present to offer support. Bring your sense of adventure and try something new in the company of peers. This program is generously sponsored by Our Cowichan Community Health Network.

FREE | Code: 108108

Instructor: CVAC Artists

CCC - James Street Studio

Youth Drop-in Sports

Ages 13+ | 3:30 - 5:00 pm

If you're looking for something to do these days, come join us in the gym where we'll play a variety of games and sports and have tons of fun! Got a game or sport you love? Let us know and we'll give it a try. Just want to hang out? You can do that too! We have all kinds of games, including board games.

Multi Purpose Hall

CPAC: Soundcheck '26: A Youth Variety Show

All ages | 7:00 - 9:00 pm

Come on out to our second annual Youth Variety Show as part of BC Youth Week. Our brand-new Youth Committee has been calling all the shots to put on a show-stopping performance! This night of talent is designed, performed, and stage-managed by students aged 12 - 18. Get your FREE tickets today.

FREE Entry | Reserve tickets at www.cowichanpac.ca

Cowichan Performing Arts Centre

Saturday | May 2

VIRL presents the Escape Room

Ages 13 - 18 | 1:30 - 2:30 pm

Join VIRL for the Escape Room. See if you can solve the clues and puzzles to crack the code and escape before the clock runs out. Grab your friends and join us for a afternoon of fun. Pizza will be provided.

FREE Drop-In

CCC - VIRL Meeting Room

Tuesday | May 5

Youth Drop-in Sports

Ages 13+ | 3:30 - 5:00 pm

If you're looking for something to do these days, come join us in the gym where we'll play a variety of games and sports and have tons of fun! Got a game or sport you love? Let us know and we'll give it a try. Just want to hang out? You can do that too! We have all kinds of games, including board games.

Multi Purpose Hall

Wednesday | May 6

BBQ at Quw'utsun Secondary School

Ages 13 - 18 | 11:40 - 12:25pm

Join us at QSS for hot dogs and activities over lunchtime! Vegetarian options will be available. VIRL and other Community Partners will join us with information about their programs.

Thank you to our Community Partners for making our Youth Week Events a success:



COWICHAN COMMUNITY CENTRE

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📱 @cvrdrec