



EVENTS

Spring Break Public Skating Schedule

Monday	Mar 17	12:00 - 1:00 pm
Tuesday	Mar 18	12:00 - 1:00 pm
Wednesday	Mar 19	12:00 - 1:00 pm / 6:30 - 7:50 pm
Thursday	Mar 20	12:00 - 1:00 pm
Friday	Mar 21	12:00 - 1:00 pm
Saturday	Mar 22	1:00 - 2:20 pm
Sunday	Mar 23	1:00 - 2:20 pm
Monday	Mar 24	12:00 - 1:00 pm
Tuesday	Mar 25	12:00 - 1:00 pm
Wednesday	Mar 26	12:00 - 1:00 pm / 6:30 - 7:50 pm
Thursday	Mar 27	12:00 - 1:00 pm
Friday	Mar 28	12:00 - 1:00 pm
Saturday	Mar 29	1:00 - 2:20 pm
Sunday	Mar 30	1:00 - 2:20 pm

School's Out Skate

Come out with your friends and family and enjoy this special School's Out skating session. Admission for students is only a toonie!

Monday | Apr 14 | 12:00 - 1:00 pm
Student Admission \$2 | Rentals \$3.50

*Watch for the Summer
2025 Recreation Guide in your
April 1 Citizen Newspaper*

Youth Week

Bring BC Youth Week is a provincial celebration of youth, held annually during the first week of May. It is a week of fun-filled interaction and a celebration intended to build a strong connection between youth and their communities. This event is intended to highlight the interests, accomplishments, and diversity of youth across the province. Stay tuned for a week full of FREE youth activities.

Thursday - Wednesday | May 1 - 7
FREE Admission

Cowichan Valley Spring Home & Wellness Show

Friday - Sunday | May 2 - 4

*Stay up to date on our programs by
following us on Facebook and
Instagram!
@cvrdrec*

COWICHAN COMMUNITY CENTRE

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COWICHAN COMMUNITY CENTRE

UPCOMING EVENTS

EVENTS



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BIRTHDAYS

Skating Party

Available September - April

Celebrate your birthday party on the ice during one of our Everyone Welcome Skates. This package includes admission and rentals for up to 15 children including the birthday star. Start on the ice and then head over to the party room where you will serve your own refreshments. This package does not include a party leader - parental supervision is required. Additional guests pay regular admission and rental rates. Please bring your own utensils and party supplies.
3 hours \$125

Sports Party

This party package includes fun sports and activities with our party leader, such as basketball, soccer, floor hockey, or dodgeball. Just let us know what you like! We can customize this package to fit all ages and needs. Price includes up to 15 children including the birthday star. Additional guests pay \$4 each. Parental supervision is required. Please bring your own utensils and party supplies.
2 hours \$125

KinderGym Party

Ages 1 - 4

Look This birthday package includes two hours of fun activities with our party leader, including basic climbing, sports equipment, ride-on and push toys, and more! Personalize your party by bringing your own games, music, and food. Price includes up to 15 children including the birthday star. Additional guests pay \$4 each. Parental supervision is required. Please bring your own utensils and party supplies.
2 hours \$125

EVENTS

Lions Everyone Welcome Skates

In January and February, we will be offering FREE admission and rentals at 8 of our Everyone Welcome Skates. These special skating sessions are generously sponsored by the Duncan Lions Club.

Saturdays | Jan 4, 11, 18, 25, Feb 8, 15, 17*, 22 |
1:00 - 2:20 pm
FREE Admission & Rentals
*Feb 17 - Special Family Day Skate

School's Out Family Stick & Puck

This session is designed for those that are new to the game or who want to brush up on their hockey skills. The program is open to all ages. Children age 9 and under must be accompanied by an on-ice adult. This session is limited to 24 players. Scrimmages and games are not permitted. Helmets and gloves are mandatory; youth ages 17 and under must have a helmet with a full-face cage. Shin guards are strongly recommended.

Friday | Feb 14 | 1:30 - 2:20 pm
Regular admission rates apply

Monday | Apr 14 | 1:30 - 2:20 pm
Regular admission rates apply

Caleb Kroffat Memorial CPR/AED Training

Members of St. John Ambulance Brigade will be on-site to provide complimentary training in adult CPR and the use of AEDs. Training will be provided through a drop-in open house style format. Please note: No certificate will be issued.

Monday | Feb 17
12:00 - 3:00 pm
FREE Admission



Family Day

The Cowichan Community Centre is hosting a FREE Family Day Celebration. We will host two skating sessions where families can spend some quality time together on the ice. We will also have crafts and activities for all ages in the Multi-Purpose Hall and will be joined by the Caleb Kroffat Memorial CPR training team. Stay tuned for more details. We gratefully acknowledge the financial support of the Province of British Columbia. & CUPE 358.

Monday | Feb 17 | 12:00 - 3:00 pm
Family Skate | 12:00 - 1:00 pm
Code: 88370
Family Skate | 2:00 - 3:00 pm
Code: 88371
Gym Activities | 12:00 - 3:00 pm
Drop-in | FREE Admission

WorkBC Centre Duncan Job Fair

Come meet Cowichan's top employers at the WorkBC Job Fair!

Thursday | Mar 6
10:00 am - 2:00 pm
FREE Admission