## NUT "AWARE" POLICY

Due to life threatening allergies to peanuts and nut products, the Shawnigan Child Care respectfully asks for the cooperation of parents and children in keeping our environment as nut safe and nut free as possible. Therefore, we insist that children do not bring peanut butter, peanuts or tree nuts to our program, including products that "may contain traces of nuts" or products "made in the same facility as nut products". Thank you for your cooperation in keeping our Out of School Care a safe environment for all children.

## NUT SAFE SNACK IDEAS:

- Yogurt
- Fruit
- Cheese & Crackers
- Nut free granola bars
- Pasta
- Veggies & Dip
- Boiled Eggs
- Cottage Cheese





