



Cowichan Arena

Public Skating Guidelines during COVID-19

The Cowichan Arena is excited to welcome patrons back to public skating sessions. Our primary focus is to ensure the safety of staff and customers attending programs. Additional health and safety precautions have been put in place to minimize the risk at our facility. In order to provide the highest level of care and safety, CVRD will follow guidelines set out by WorkSafeBC, Public Health, and BCRPA. We ask that you thoroughly read and strictly adhere to these guidelines to assist us in minimizing risk.

Attendance Prerequisite

- All patrons must pre-register to come skating. Pre-registration can be done via the phone (250.748.PLAY (7529) or online at www.reccowichan.ca
- Patrons must agree to abide by safety and facility guidelines. Failure to do so may result in being asked to leave the facility. Please discuss guidelines with other members of your group.
- Children ages 9 and under must be accompanied by an on-ice adult.
- No additional family members or spectators are permitted at this time.

Access to Facility

- Our attendance numbers are limited by strictly controlled facility capacities. You will not be permitted to enter the facility if you are not registered. Be prepared to be turned away if you are not registered to attend in advance. In some cases, where occupancy limits permit and where staff are available, you may be able to register at the last minute upon arrival.

Screening

- Prior to arriving at the facility, please screen yourself and your party as directed upon registration. Do not come to our facility if anyone shows signs of illness, is required to self-isolate, has been exposed to a confirmed or presumptive case of COVID-19, or has travelled outside of Canada in the last 14 days.
- If you are unsure of how to screen yourself please use the BC Health COVID-19 Assessment Tool or contact 8-1-1. <https://bc.thrive.health/covid19/en>
- If you begin feeling unwell while in our facility, we ask that you notify a staff member and leave immediately.

Hygiene

- Please wash or sanitize your hands upon arrival and departure of the facility, after using the toilet, after coughing or sneezing, whenever hands are visibly dirty.
- Cough or sneeze into your elbow and use tissues.
- Please consider bringing your own hand sanitizer to reduce crowding of sanitation stations and shared supplies.

Entering the Facility

- Enter via the main arena doors. Entrance will be permitted 15 minutes prior to the start of the session.
- You may be asked to wait to enter the building. Please use the physical distancing cones to line up.
- Upon entry to the facility you will be asked for your receipt (printed or on your smartphone) as proof of payment and to confirm that you have screened yourself and your group prior to attending.
- You will be directed to an area where you may put your skates on. This area is where you should leave your shoes and any other belongings that you won't keep with you. Please arrive at the facility with limited personal belongings and fully dressed to skate.

While Enjoying the Facility

- Please take note of directional signage and instructions from staff. There will be one-way pathways, occupancy limits, and exit/entrance zones.
- Abide by all facility rules. Take special care to skate in a controlled and safe manner to limit risk to others.
- Physically distance yourself from others by a minimum of 2.5 metres.
- Avoid touching as many unnecessary surfaces where possible (ex. the boards and glass).
- Absolutely **no spitting** will be tolerated and is cause for immediate removal from the facility.
- There will be no shinny hockey during public skating sessions.
- Skate frames are available for those who are unable to skate. Please ask a staff member to retrieve one for you and return it to a staff member to be sanitized.

Equipment Rentals

- Skate rentals will be available and skates will be sanitized between sessions. In order to maintain this cleaning schedule, there may be times when available sizes will be limited.
- We are unable to loan hockey sticks, helmets, hockey tape, socks, repair tools or gloves.

Leaving the Facility

- You must leave the facility within 15 minutes of the end of your session. Please be prompt so staff can complete sanitation duties and the facility can be readied for the next users.
- You will be directed to leave via the warm room doors.