

Day Ten: May 10, 2020 – Happy Mother’s Day!

Mom’s probably a big deal at your house. She makes nightmares go away, heals wounds like no medicine can, and nothing is ever *really* lost until Mom can’t find it. During this extended social distancing period due to [COVID-19](#), moms have been called on to do even more—and they’re rising to the occasion to show just how superhero-like they really can be.

It takes a lot to be a superhero mom. On this Mother’s Day, it’s more important than ever to pull out your best and most creative ideas to celebrate all that Mom does for your family. Here are some ways you can get your little ones up and active to celebrate Mother’s Day at home.

PUT ON A SHOW FOR THE MOTHER FIGURE IN YOUR LIFE!

Kids love to put on a show and moms love to watch them! Kids, big and small, can get creative and put together a dance show, talent show, concert, or even a puppet performance. Here are some showtime ideas for a Mother’s Day tribute:

- **Puppet masters:** This one could keep you really busy if you decide to build your own puppet theatre and your own puppet characters. If you want to keep it simple, you can throw together some furniture and blankets to make a “stage” and use dolls or other toys instead of puppets.
- **Dancing with the stars:** And by stars, we mean Mom. Choreograph a dance routine to teach Mom on her big day. After a few practice runs, you should be ready to go for the big show!
- **Mother’s Day Idol:** Do you have some serious singing talent in the family? Why not pull out the lyrics to Mom’s favourite song and put on a mini concert for her?
- **Silly Sports Day:** Time to show your best talents and get Mom in on the fun. You can set up a limbo station, show off your [cardboard javelin](#) skills, or cheer the kids on as they show off their [bear crawl](#). You can find [more ideas for more challenges](#) like these in the Activities section on Active for Life.

For more fun ideas, check out the rest of the Active for Life article “*Heroes don’t always wear capes: 11 ideas for a very special Mother’s Day*” here: https://activeforlife.com/11-ways-very-special-mothers-day/?utm_source=Newsletter+English&utm_campaign=2214c4a2c4-EMAIL_CAMPAIGN_2020_05_04&utm_medium=email&utm_term=0_f5bcbf5d48-2214c4a2c4-332814621