

Day Eight: May 8, 2020

MAKE YOUR OWN PLAYDOUGH!

Feeling creative? Nothing to sculpt with? Make your own play dough with this long standing family recipe from one of our own Recreation Programmers! (*Supervision may be required, dependent on age*)

Ingredients

- 1 cup flour
- 2 tsp (teaspoon) cream of tartar
- 1/2 cup salt
- 1 tbsp (tablespoon) cooking oil
- 1 cup water
- food coloring



Instructions

In a large bowl, combine all of your dry ingredients (flour, salt, cream of tartar) and mix well.

Mix food coloring with your water first. Then add the vegetable oil and water with food coloring to a large pot. Mix together.

Add the dry ingredients to your pot and mix well. NOW - cook over low-to-medium heat until the dough starts to form and becomes dry.

Once it starts to form a ball together and looks fully cooked, take off the heat. Let the dough cool first before touching. Once cool, knead the dough for 5 minutes to make the dough soft. If your dough is not soft, continue kneading for another 5 minutes. If you find it is still too dry add a little bit more oil and knead in.

Now - get creative! Use can use rolling pins and cookie cutters, or you can design your own sculptures.

If you want to keep your creation, leave it out and let it dry; if not, roll the playdough back into a ball and put it into a plastic bag to keep it from drying out. Store in the fridge for best results.

NOTE: This is made with flour and your pets might think it smells like food - keep it out of their reach.



Photo Credit: www.iheartnaptime.net

DISCLAIMER: The CVRD is not responsible for any harm, including bodily or infrastructure, that may be caused as a result of doing this activity at home, so please use your discretion and participate within the scope of your abilities, knowledge and comfort level. Please feel free to alter this activity to suit your needs, and remember to be safe and have fun!