



## COMMUNITY SAFETY ADVISORY COMMISSION MEETING AGENDA

THURSDAY, SEPTEMBER 7, 2017  
BOARD ROOM  
175 INGRAM STREET, DUNCAN, BC

8:30 AM

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<b>2. <u>ADOPTION OF MINUTES</u></b>	
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<b>Recommendation</b> That the minutes of the Regular Community Safety Advisory Commission meeting of August 3, 2017 be adopted	
<b>3. <u>BUSINESS ARISING FROM THE MINUTES</u></b>	
<b>4. <u>DELEGATIONS</u></b>	
<b>5. <u>CORRESPONDENCE</u></b>	
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**Recommendation** For Information

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**Recommendation** For Information

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**Recommendation** For Direction

- R4 Report from C. Villiers, Project Coordinator, Safer Futures Re: DBIA and Downtown Safety 31

**Recommendation** For Information

8. **UNFINISHED BUSINESS**

9. **NEW BUSINESS**

10. **QUESTION PERIOD**

11. **CLOSED SESSION**

Motion that the meeting be closed to the public in accordance with the *Community Charter* Part 4, Division 3, Section 90, subsections as noted in accordance with each agenda item.

12. **ADJOURNMENT**

The next Community Safety Advisory Commission Meeting will be held Thursday, October 5, 2017 at 8:30 AM, in the Board Room, 175 Ingram Street, Duncan, BC.

**Commission Members**

C. Rolls, Community Policing Advisory Society, Chairperson	Councillor T. Duncan, City of Duncan
Director S. Acton	Councillor C. Fradin, Ladysmith
E. Croft, SD # 79	Councillor K. Marsh, North Cowichan
Councillor A. Canute, Cowichan Tribes	M. Staples, Social Planning Cowichan
J. Capps, Public Youth Member	J. Sterk, Public Member
Vacant, RCMP	L. Vaccher, Public Member
Director M. Dorey	L. Vomacka, Town of Lake Cowichan

Minutes of the Community Safety Advisory Commission Meeting held on Thursday, August 3, 2017 in the Board Room, 175 Ingram Street, Duncan BC at 8:30 AM.

**PRESENT:** Chair, Manager, C. Rolls, Cowichan Community Policing Advisory Society  
 Councillor C. Fradin, Town of Ladysmith  
 Alternate Councillor C. Austin, Town of Lake Cowichan  
 Councillor T. Duncan, City of Duncan  
 Director S. Acton  
 Alternate Director S. Jonas  
 Inspector R. Carfantan, RCMP  
 Member of Public J. Sterk  
 Member of Public L. Vaccher <left meeting at 9:20 AM>

**ALSO PRESENT:** T. Dame, Program Supervisor/Manager, Safer Futures  
 C. Cowan, Manager, Public Safety  
 G. Erickson, Recording Secretary

**ABSENT:** C. Villiers, Project Coordinator, Safer Futures  
 Councillor K. Marsh, District Municipality of North Cowichan  
 Executive Director M. Staples, Social Planning Cowichan  
 Trustee, E. Croft, School District #79  
 Public Youth Member, J. Capps  
 Councillor A. Canute, Cowichan Tribes

## **ELECTION**

**E1** Election for Chair and Vice-Chair

The Public Safety Manager called for nominations for Chair.

A/Chair, Carol-Ann Rolls, was nominated and accepted the nomination.

The Public Safety Manager called for nominations for Vice-Chair.

Alternate Councillor, C. Austin, was nominated and accepted the nomination.

## **APPROVAL OF AGENDA**

**It was moved and seconded that the agenda be amended with the deletion of one Delegations item, additions of one Information item and one New Business item:**

**D1 David MacLeod, Representing The Homeless of Duncan BC**

**IN1 Organization Information Updates**

**NB1 Building Community Safety for our Children: Dialogue and Info Session for Parents Summary Report; and that the agenda, as amended, be approved.**

**MOTION CARRIED****ADOPTION OF MINUTES**

**M1** Regular Community Safety Advisory Commission meeting of June 1, 2017

**It was moved and seconded that the minutes of the Regular Community Safety Advisory Commission meeting of June 1, 2017 be amended by adding Alternate Director S. Jonas to the attendance; and**

**that the minutes, as amended, be adopted.**

**MOTION CARRIED****DELEGATIONS**

**D1** Item D1 was deleted upon adoption of the agenda;

David MacLeod, Representing The Homeless of Duncan BC would not be addressing the Commission on the growing amount of used syringes and safe drop boxes in Duncan.

**INFORMATION**

**IN1** Update from the Manager, Public Safety Division Re: CSAC Membership

No applications were received from a recent membership advertisement. Ad has been re-posted again to CVRD Now in the Citizen newspaper.

**IN2** Update from the Manager, Public Safety Division Re: CSAC Youth Engagement Team

Tabled until the next meeting.

**IN3** Report from Inspector R. Carfantan, RCMP Re: North Cowichan/Duncan Detachment Mayor's Report

A comprehensive report provided by Inspector Carfantan was well received by the Commission. Inspector Carfantan also updated the Commission on his transfer to Kelowna which will be affective on August 15, 2017. A new CSAC RCMP representative will need to be filled.

**IN4** Organization Information Updates

Agencies provided their respective updates, including community events.

**REPORTS**

RI Report from T. Dame, Program Supervisor/Manager, Safer Futures Re: Updated Barefoot in the Park Toolkit

**It was moved and seconded that the draft Barefoot in the Park Toolkit report be produced and distributed.**

**MOTION CARRIED**

R2 Report from T. Dame Supervisor/Manager, Safer Futures Re: Follow up on North Cowichan and City of Duncan Liquor Store Concerns

Tabled until next meeting.

**NEW BUSINESS**

NB1 Report from T. Dame Supervisor/Manager, Safer Futures Re: Building Community Safety for our Children: Dialogue and Info Session for Parents Summary Report

There was an expressed desire from the parents that attended the info session on June 19, 2017, to have more community education, more communication between service organizations, parents and the public and more in-depth exploration of community issues.

Next steps to be determined.

**ADJOURNMENT**

9:45 AM **It was moved and seconded that the meeting be adjourned.**

**MOTION CARRIED**

The meeting adjourned at 9:45 AM.

\_\_\_\_\_  
Chair

\_\_\_\_\_  
Recording Secretary

Dated: \_\_\_\_\_



# CSAC REVIEW OF PRIORITITES AND PLANNING SESSION SUMMARY

June 1, 2017

Prepared by Safer Futures

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## DRAFT

**Introduction**

On June 1<sup>st</sup> 2017, the Community Safety Advisory Commission (CSAC) members participated in a Review of Priorities and Planning Session. Commission members examined the CSAC's mandate, activities for the past year and determined plans for moving forward in terms of priorities.

**CSAC Mandate:**

*By-law 3622 establishes the Community Safety Advisory Commission to "provide advice on safety issues of regional, sub-regional, and interagency importance "*

- *To advise the Board on community safety issues of regional, sub-regional and interagency importance.*
- *To serve as a forum for multi-sectoral discussion where local government and community groups can work together.*
- *To be a conduit for recommendations*
- *To be a resource for planning staff Advisory Planning Commissions.*

The commission reflected on the mandate by exploring the following questions:

- Does the mandate adequately reflect what the CSAC has been doing?
- Does it reflect what you think the CSAC should be doing?
- What is missing/needed?

Discussion points included:

- The mandate is comprehensive but there are some aspects that could be highlighted and/or encouraged.
- CSAC's function as a body that makes recommendations is important, and this aspect adds strength and accountability to the mandate. This aspect could be made stronger through combining bullets 1 and 3 from the CSAC By-law 3622 (above).
- It is important to refresh and revisit our frameworks (i.e. every 5 years). This prevents frameworks/lenses/reports sitting on the shelf. *\*A next step is to provide members to review documents.*
- Recognize primary prevention as a value we work from (i.e. CSAC supports unlimited resources and investment for children and families)
- It was suggested that CSAC include specific reference to advise RCMP on policing priorities annually

**CSAC Activities Review**

A review of the activities for CSAC from 2016 to present revealed that it was a time of transition. The Commission added many new members including a new chair. A large part of the activities over the past year included a review of process and how to deal with priorities. This review of the activities

*DRAFT*

during the planning session also discussed which processes were working well and where improvements were needed.

Questions explored by commission members included:

- Have we been effective?
- Where have we been successful?
- Where are we running into challenges?

2016 priorities included community safety issues in the Beverly Alexander Neighbourhood and surrounding areas, downtown Duncan Business safety, discarded sharps, and regional youth representation at a local government level.

The steps set out previously for each priority included:

#### Safe Needle Disposal

- i. Update and disseminate Barefoot in the Park
- ii. Work with Safe Needle Disposal Committee
- iii. Obtain information on current efforts regarding addictions and detox resources
- iv. Invite MHSU collaborative to inform CSAC about broader health efforts
- v. Conduct analysis and make recommendations to CVRD Board

#### Community Safety (Beverly Alexander Neighbourhood/CPTED)

- I. CPTED Review
- II. Gathering of RCMP data
- III. Neighbourhood Consultation
- IV. Safety Audit Walk
- V. Conduct Analysis and make recommendations to CVRD Board

#### DBIA Downtown Safety

- I. Connect with City of Duncan working group to determine next steps
- II. Conduct analysis and make recommendations to CVRD Board

#### Regional Youth Representation

- I. Resourcing and organizational capacity building to fund development of a regional model (CSAC as support)
- II. Results of model to inform recommendations to CVRD Board

Commission members agreed that the current priorities should continue to be the focus of the work of CSAC. It was suggested that the process could be streamlined through the following template:

- (1) Issue Identification
- (2) Issue Analysis
- (3) Recommendations

*DRAFT***(4) Monitoring and Evaluation**

(this includes a process where recommendations flow to the board and updates are flowed back to CSAC from the board)

In terms of how community safety issues are explored and recommendations developed:

- Issues are brought to the commission's attention by commission members, local government or the general community.
- Background information, relevant research, and options for recommendations where appropriate would be prepared by staff (this includes Safer Futures support).
- Depending on the scope of the issue it may be helpful to garner funding for in-depth analysis of certain community safety issues.
- Reports by staff and external research collected would be the basis for CSAC to complete the issue analysis stage which then would help commission members to develop recommendations for CVRD board and other municipalities.
- It was noted that follow up should be provided to requesting agencies and community members of the recommendations made by CSAC to governing bodies and that this includes updates and/or decisions flowing back to CSAC from these governing bodies.

Other suggestions regarding process included:

- Conduct regular orientation session for new commission members and that this orientation include a binder containing past minutes, agendas, list of members, and terms of reference.
- Develop a CSAC web page with information on the Commission and its activities.

**Moving Forward:**

- Continue with current priorities as the basis for CSAC's activities.
- Revise these priorities to reflect the process of issue identification, issue analysis, recommendations, and monitoring and evaluation.
- Develop the agendas to reflect this new process.
- Follow up with the downtown Duncan Business Association.
- Explore the idea of looking at housing as a priority of this commission as well as the development of a value statement supporting primary prevention and the importance of investing in children and families.
- Review and update the Cowichan Region Safety Lens and the Community Health and Safety Action Plans and update every five years.



**(CSAC) Youth Engagement Team**  
*Community Safety Advisory Commission*

**Summary**

The CSAC planning session held June 1, 2017, identified a need for the creation of youth representation on CSAC. It is recommended that the Commission Members put forward a motion to the CVRD Board expressing this desire, as it is crucial for CSAC to have a way to hear the voices of youth in the community. Having youth representation on CSAC will create unique solutions and meaningful opportunities for public participation and citizen engagement with specific issues in the CVRD.

**Issue**

- There is currently no youth representation at the local government level.
- There is no current plan to identify opportunities to get more youth involved in their local government and community.
- There are no local government opportunities for young people to get involved and act as young leaders in their community

**Background**

- The Youth Engagement Team would be comprised of four to eight youths, between the ages of 15 and 24 years old, and be appointed by the Board.
- The Youth Engagement Team roles would include researching and writing policy proposals on topics that impact youth in the community, advise the commission on youth matters, give youth the opportunity to experience regional district governance and report to CSAC at least once per year giving an update on the teams progress.

**Rationale**

Creating a platform for youth having a greater voice in the community and an ability to play a greater role in the regional districts direction is an infinite way to create more active and engaged citizens over time and can only serve to make our community a better place to live.

**Recommendation**

1. That it be recommended to the Board that a Youth Engagement Team consisting of four members be combined with the four public representatives of the Community Safety Advisory Commission be approved; and
2. That it be recommended to the Board that Bylaw No. 3961 - Community Safety Advisory Commission Establishment, 2012 be amended.

**Next Steps**

- Manager, Public Safety to discuss CSAC bylaw amendment with the Manager of Legislative Services as it pertains to membership to ensure a Youth Engagement Team can legally become a reality.
- CSAC puts forth a recommendation to the Board for a Youth Engagement Team membership in CSAC.

Conrad Cowan Manager, Public Safety Division



**COWICHAN VALLEY REGIONAL DISTRICT**

**BYLAW No. 3961**

**A Bylaw to Amend Community Safety Advisory Commission Establishment Bylaw No. 3622**

**WHEREAS** the Board of the Cowichan Valley Regional District has established a Community Safety Advisory Commission under the provisions of Bylaw No. 3622, cited as "CVRD Bylaw No. 3622 – Community Safety Advisory Commission Establishment Bylaw, 2012";

**AND WHEREAS** the Board wishes to make changes to the membership composition of the Commission;

**NOW THEREFORE** the Board of the Cowichan Valley Regional District, in open meeting assembled, enacts as follows:

1. **CITATION**

This bylaw may be cited for all purposes as "**CVRD Bylaw No. 3961 – Community Safety Advisory Commission Amendment Bylaw, 2015**".

2. **AMENDMENTS**

1. Section 3 b) of Bylaw No. 3622 is hereby deleted and replaced with the following:

3 b) Three representatives from the following organizations:

- i) One representative from Social Planning Cowichan
- ii) One representative from Community Policing
- iii) One representative from the Royal Canadian Mounted Police

2. Section 3 c) of Bylaw No. 3622 is hereby deleted and replaced with the following:


3 c) Four public representatives including one person representing Youth (all selected at large following newspaper and online advertising).

READ A FIRST TIME this 12<sup>th</sup> day of November, 2015.

READ A SECOND TIME this 12<sup>th</sup> day of November, 2015.

READ A THIRD TIME this 12<sup>th</sup> day of November, 2015.

ADOPTED this 12<sup>th</sup> day of November, 2015.

  
Chairperson

  
Corporate Secretary

**Liquor Store Related Concerns in Cedarwood Plaza**  
*Community Safety Advisory Commission*

**Summary:**

Requests were received via letters from North Cowichan (May 20th, 2016) and City of Duncan (July 12th, 2016) directed to CSAC “that the liquor store related issues/concerns in the Alexander/Whistler Street area be referred to the CVRD’s CSAC and RCMP to consider expanding the Crime Prevention Through Environmental Design (CPTED) study of the Beverly Street Area.”

**Issues:**

The Municipality of North Cowichan and the City of Duncan expressed concerns around the Liquor Store located at 5777 Trans Canada High way in the Cedarwood Plaza. Businesses and residents in the immediate area expressed concerns around the increase incidents of vandalism, loitering, public drinking and drug use, discarded needles, criminal activity and visible homelessness. These incidents are directly affecting the businesses and their customers.

**Background:**

Discussion by CSAC members to date has highlighted the need for further background information and consultation to provide adequate analysis. An initial CPTED review was conducted as a first step in the analysis of the issues however the concerns presented indicate a more complex problem than would be indicated for a CPTED review of the area. A more comprehensive community safety audit is recommended.

In October 2016, CSAC member Corporal Cari Lougheed and Safer Futures staff Christy Villiers attend a Level 1 CPTED Certification course in which their study incorporated the Cedarwood Plaza. Initial findings of the assessment indicated a dire need for general maintenance, control over pedestrian and vehicle flow of traffic, and a clear understanding of where responsibility for maintenance and security lies between the businesses, building owners and land owners. Recommendations from the initial CPTED assessment included:

- Communicate CPTED Assessment to North Cowichan, City of Duncan, building and land owners, and businesses.
- Emphasize the need of incorporating neighbourhood context into account when approving business licenses.
- Follow up with local governments to ensure they are using the Safety Lens.
- Follow up with local governments to ensure they are enforcing bylaws and building codes in this area.
- Engage with community members to gather more information on neighbourhood context (Safety Audit Walk).

**Next Steps:**

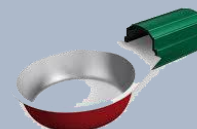
- Safer Futures along with Social Planning Cowichan will be conducting Safety Audit Walks in the fall of 2017. (Funding Dependent) Findings to be reported along with initial CPTED Assessment findings.
- To update the Safety Lens and present it back to local governments along with a process for implementation.
- Follow up with RCMP and Bylaw officers from North Cowichan to determine the status of bylaws and building code infractions.







## *Barefoot in the Park*



## Safe Needle Disposal Toolkit

Cowichan Valley Region, BC, Canada



The 2017 Safe Needle Disposal Toolkit is an updated version of the original version published in 2009 and is based on the collaboration and work of the Safe Needle Disposal Working Group, which was a subcommittee of the Cowichan Valley Regional District's Community Safety Advisory Committee. Partners of this regional strategy included representatives from; Canadian Mental Health Association, City of Duncan, Cowichan District Hospital, Cowichan Valley Regional District, District of North Cowichan, Mental Health and Addictions VIHA, NARSF Programs Ltd., RCMP, Safer Futures School District 79, Social Planning Cowichan, and the Vancouver Island Health Authority.

These partners collaborated to identify and pursue improvements to the health and safety of our community.

**ACKNOWLEDGEMENTS**

To the Cairnsmore Neighbourhood and Neighbourhood Working Group for identifying this safety issue.

AIDS Vancouver Island for use of the Victoria Safe Needle Disposal Toolkit as a starting point.

Much of the content in the 2009 version of the toolkit was previously published in the Safe Edmonton Safe Needle Disposal Toolkit. Many thanks to them for their amazing groundwork in creating safer communities.

Visit [www.edmonton.ca/Safedmonton](http://www.edmonton.ca/Safedmonton) for more information on their projects.

For more information please contact:

The Community Safety Advisory Commission (CSAC) 250-746-2561

This document is available for download at [www.cvrld.bc.ca](http://www.cvrld.bc.ca)



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## Needle use in the Cowichan Valley

- People use needles for many different purposes. There are many medical conditions that involve the use of needles. Diabetes is the most common. People with conditions like cancer and arthritis use needles to control pain. Some people use needles to inject illegal drugs.
- People who use injection drugs have said they do not intend to harm other people in the community when they are discarding used needles. Many will throw out needles safely if there are safe choices available.
- Everyone who uses needles has the same need to get rid of their used needles safely. With safe disposal, no one gets hurt accidentally.



## Choices for Disposing Needles

- Many pharmacies take back used needles from their customers.
- The Canadian Mental Health Association (CMHA) Sharps Pick Up Team takes used needles 24 hours 7 days a week and can provide empty needle boxes for collection. Call 250-732-3330.
- CVI Harm Reduction Services offers free needle exchange services for injection drug users and provide empty needle boxes for collection for Duncan and Lake Cowichan on Tuesdays 12pm-8pm and Ladysmith Fridays 1pm – 10pm and Saturdays 6pm – 10pm. Call 1-844-482-4239 or 250-510-3637.
- Public washrooms at the Island Savings Centre and those adjacent to the Duncan Train Station have needle disposal boxes in each of the washroom stalls.
- Needle Disposal boxes are located at various parks and public areas within the core area of Duncan (see map of drop box locations)
- Margaret Moss Public Health Unit will take used needles and provide empty needle boxes for collection 8:30-4:30 Mon – Fri.
- CVRD recycling depots also receive needles for disposal. Bings Creek Solid Waste Management Complex at 3900 Drinkwater Road (off Hwy 18), Peerless Road Recycling Drop off Depot in Ladysmith at 10830 Peerless Road, and Meade Creek Recycling Drop-off Depot in Lake Cowichan at 8855 Youbou Road.
- The Cowichan Valley Food Bank at 5810 Garden Street takes used needles.



## A Glossary in Pictures



The syringes and needles used at home or by injection drug users look the same as the syringes and needles you see in a doctor’s office. Needles are also called “sharps” and syringes, needles and lancets are known as “needle debris”.



### What does a Lancet look like?

People with diabetes use a lancet – a very small needle – to prick their finger to draw blood. They do this several times each week to check the level of sugar in their blood. The needle sits inside a holder, or a lancing device.



### What are those plastic vials?

Sterile water may be used in the preparation of injection drugs and come in small blue, pink or clear plastic vials.



### What does a crack pipe look like?

People in the Cowichan Valley may also find crack pipes on the street. Crack pipes should be treated the same as needle debris and disposed of in a safe manner.



### What does a needle clip device look like?

Diabetics will use a needle clip device to break off the metal needle of their insulin injections. Its opening is only large enough for the needle to fit through. The sides push together to clip the needle from the syringe. The purpose is to seal the needles in a container so that no one else gets accidentally poked.



### What does a needle disposal box look like?

These boxes are used for collecting used needles. Needle boxes are mounted and found in various locations in the Cowichan Valley.



### What is a sharps container?

A sharps container is made of hard plastic with a sealable opening at the top. It is especially made for safely holding used needles, syringes and lancets. Sharps containers or “biohazard containers”, come in various sizes and can hold a large number of needles. Various pharmacies, public health agencies and organizations have sharps containers available and often do not have a cost for purchase.



## Who can get poked accidentally?

People using needles need a way to throw them out after they are finished using them. Without wanting to harm anyone else, they may throw the needles in the garbage or on the ground if they don't see an easy way to get rid of them safely or if they have not been educated about safe disposal.

### How could this happen?

- A person who tries to put the cap back on a needle can easily get poked.
- A curious child in a playground can pick up a needle tucked under a bush and get poked.
- A person looking through garbage for pop cans and empty bottles can get poked if someone tossed a needle in the bin.
- A parks maintenance person can get poked if there are needles hidden in a flowerbed or under a shrub in a park.
- A person who picks up a needle while walking along the street or an alley can get poked if it is not handled properly. Carrying loose needles without a container could lead to an accidental injury.
- A worker who is cleaning public washrooms or hotel rooms can get poked if needles are hidden in tissue paper or wastebaskets.
- A child attracted to something shiny or an adult reaching under a heating vent in the hallway of an apartment building can get poked by a needle pushed underneath.
- A city waste collector can get poked by a needle sticking out of a garbage bag. Even needles in food containers can poke out if the container gets crushed.
- In addition to people getting hurt, an animal can get poked wandering through bushes where needles are hidden.



These are just some of the examples of situations where people could get hurt. Safe needle disposal keeps our communities clean and safe for everyone.



## What are the Risks?

We know picking up other people's garbage with bare hands is not a good idea because it's an easy way to spread infection. Needles are like other garbage. Picking up needles with your bare hands is a way to get infected if you have an open cut. When a person finishes using a needle, some of that person's blood may still be inside the needle or syringe. If a needle pokes you, you could get sick as well.

Most people will not get sick by picking up or by being poked by a used needle. When viruses in needles are exposed to the open air, viruses usually die. There is no way to know how long a needle has been lying where you found it, so it best to be safe.

If you are accidentally poked by a needle:

- You may get Tetanus
- You may get a Staphylococcus Aureus infection
- You are at risk of getting hepatitis B or C, but the risk is negligible
- You are very unlikely to get HIV because the virus does not live in the air for more than a few minutes.<sup>1</sup>



<sup>1</sup> BC center for excellence in HIV/AIDS; Canadian HIV/AIDS Legal Network

## What is Tetanus?

Tetanus is a serious disease, caused by poison from tetanus bacteria. It attacks muscle nerves and can be fatal.

- You can get the bacteria from needles that are not clean (sterilized)
- You can get Tetanus when you have an open cut and you touch bacteria in soil, feces, or rusted metal.

*You can prevent Tetanus ...*

- By getting immunized
- By using clean needles
- By not touching feces and rusted metal with your bare hands

*Tetanus can be treated with medication and may include a long period of recovery.*





### What is Staphylococcus Aureus?

Staphylococcus Aureus (Staph) is a group of bacteria that infects the body. Over 30 different types of Staphylococci can infect humans, but most infections are caused by Staphylococcus Aureus. In the majority of cases, the bacteria do not cause disease. However, damage to the skin or other injury may allow the bacteria to overcome the natural protective mechanism of the body, leading to infection.

- Staph can be spread from one person to another through casual contact to through contaminated objects. Staph infection can enter the body through an open sore or cut.
- Staph is commonly spread from the hands of someone who has it. This could be anyone in a health care setting or in the community.

### You can prevent Staph infections...

- By practicing good hygiene.
- By washing your hands frequently.
- By covering wounds, and not sharing towels, needles, or razors.

*Staph infections are treated with antibiotics.*

### What is HIV/AIDS?

HIV (or human immunodeficiency virus) is a chronic disease that weakens the immune system. Without proper treatment, the immune system can become too weak to fight off serious illness. The risk of contracting HIV from a needle is extremely unlikely.

- HIV is found in all body fluids of an infected person. It is spread through blood, semen, vaginal secretions and breast milk.
- HIV is spread by having unprotected sex.
- HIV is spread by sharing needles.
- The risk of contracting HIV from a needle poke injury is extremely unlikely as the bacteria dies within a few minutes of exposure to air.

### You can greatly reduce the risk of getting or spreading HIV...

- If you practice safe sex by using a condom
- If you use clean needles every time

*There is no cure for HIV at this time, but with proper care most people can live a long and healthy life.*



## What is Hepatitis?

Hepatitis is a disease of the liver, caused by a virus.

- Hepatitis A is spread through contaminated food or water.
- Hepatitis B and C are spread from blood or body fluids of one person who has hepatitis to the blood or body fluids of another person.
- You can get hepatitis if you share needles with someone who carries the virus.
- You can get the disease if you get poked by a needle with infected blood on it, but the risk is low.
- You can get the disease if you have sex with someone who is infected. The risk is low.

## You can prevent getting or passing hepatitis to someone else...

- If you use clean needles every time.
- If you practice safe sex by using a condom.
- By getting the Hepatitis B vaccine.

*Most people recover completely if they get sick with Hepatitis B. There is no vaccine to prevent Hepatitis C. Only 3 of every 10 people with Hepatitis C know they have the disease and most carry the virus for a long time. Complex drug treatment works for some people.*



## Unsafe Ways to Dispose of Needles

	Why is it unsafe?
<p><i>Putting needles in the garbage.</i></p> <p style="text-align: center;"><b>X</b></p>	<p>Waste collectors can get poked if the needles are loose or in a container. Containers can get crushed and the needles come through</p>
<p><i>Putting needles in the recycling bin.</i></p> <p style="text-align: center;"><b>X</b></p>	<p>Waste management workers sort all the recycled items we put in blue bins by hand. A worker could get poked by a needle.</p>
<p><i>Putting needles down the toilet or down the sewer.</i></p> <p style="text-align: center;"><b>X</b></p>	<p>The needles go into the sewer system and then into the ocean. City staff working in the drains could get poked and it is environmentally unclean.</p>
<p><i>Putting needles on the ground or under a bush.</i></p> <p style="text-align: center;"><b>X</b></p>	<p>A child, adult, or pet could get scratched or poked. City cleaning staff could get poked.</p>
<p><i>Tucking needles into places they won't be seen.</i></p> <p style="text-align: center;"><b>X</b></p>	<p>A person cleaning, such as a janitor or housekeeping staff, could get hurt.</p>



## Safe Needle Disposal

### CHILDREN...

You should leave the needle where it is. Call an adult for help.

### ADULTS...

If you see a discarded needle, you can choose to dispose of it yourself or you can call for help. You do not need to be afraid if you are cautious, as the risks of injury or infection are low.

# Steps to Safe Needle Disposal

## Step 1

Do not try to put the cap back on the needle. Do not snap, break or bend any part of the needle.



## Step 2

Pick the needle up carefully with tongs or gloved hands.

## Step 3

Put the needle in a hard plastic container and tightly seal and label it.



## Step 4

Take the needle(s) to one of the 24 hour drop box locations (see map on page 15) or to a CVRD recycling depot at Bings Creek, Peerless Road or Meade Creek or to other sharps disposal locations listed on pages 14 - 15.\*

\* Check directly with CVRD Recycling Depots and various disposal locations for service hours

***If you are not comfortable picking up needles and need more information, call CMHA Sharps Pick Up Team at 250-732-3330 or CVI Harm Reduction Outreach at 1-844-482-4239 or 250-510-3637.***



## When do I call for help?

- If you are too nervous to pick it up.
- If you see multiple needles in a pile, for example, in a stairwell or behind a dumpster.
- If you see broken needles scattered on the ground.
- If you have no way of taking the needle in a strong container to a safe place.

## What should you do if you get poked by a needle?

If a needle or other sharp object has poked you that you suspect has been in contact with blood or a body fluid containing blood:

- 1**

**IMMEDIATELY:**

Wash the affected part with soap and warm water;  
Disinfect with alcohol swab; apply band aid.
- 2**

Call Island Health Communicable Disease  
Prevention (weekdays 8:30 a.m. to 4:30 p.m.)  
at:  
**1-866-665-6626** or go to the hospital  
emergency room for assessment.
- 3**

If the injury happens when you are at work,  
be sure to tell your immediate supervisor



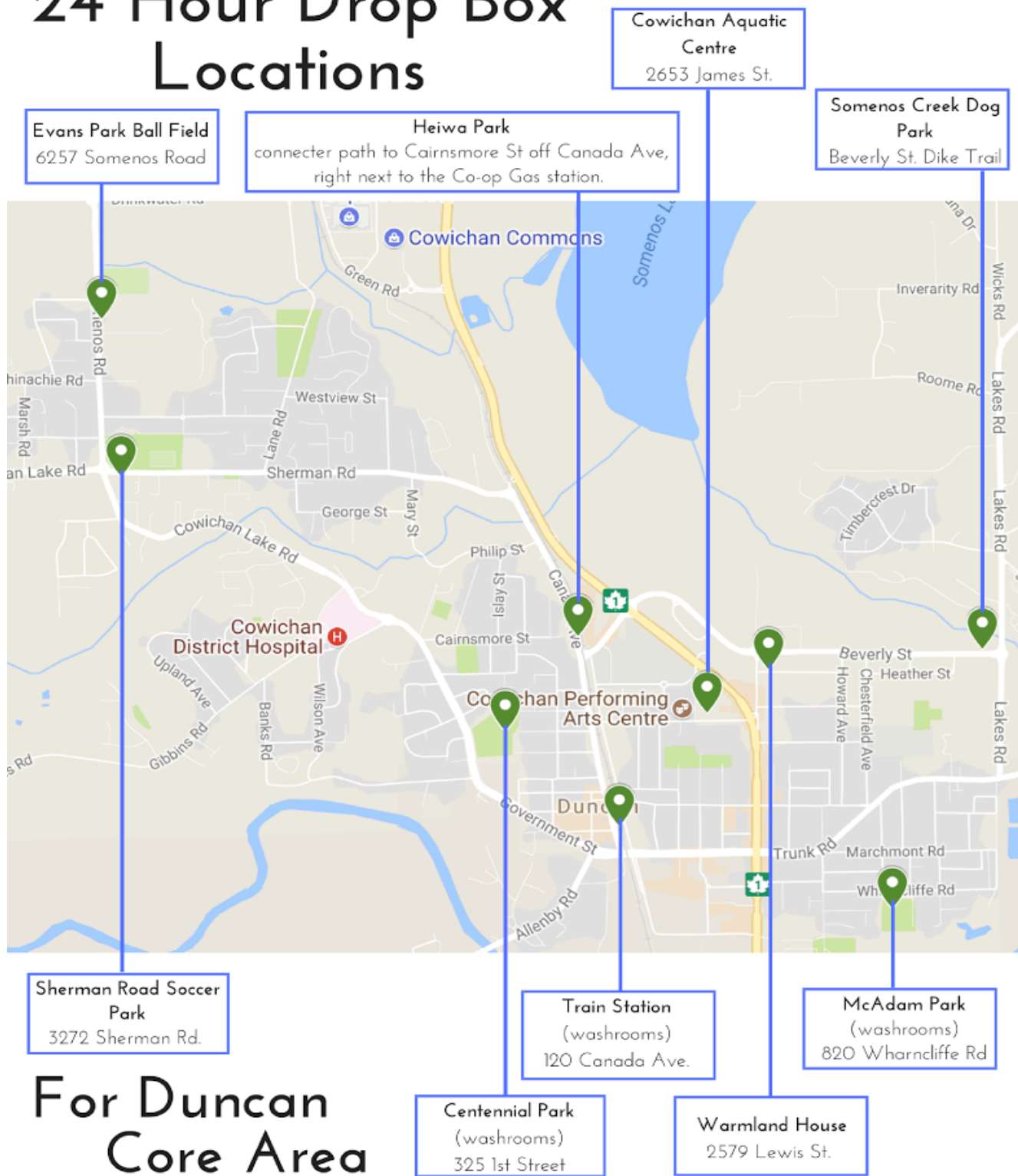
## Places to take needles

<p>Needles can be dropped off at one of the three recycling depots, North Cowichan/Bings Creek, Ladysmith/Peerless Road, or Lake Cowichan/Meade Creek.</p> <p>Some Pharmacists will accept sharp containers for disposal. Please call your local pharmacy to ask about disposal options.</p> <p>Needles can be taken to various 24-hour access drop box locations in the core area of Duncan (<i>see map on page 15 for location listings</i>)</p> <p>If the needle(s) are on public property in other areas, you can call your municipality to notify their public work crews.</p> <p>For more information on Safe Needle Disposal Drop off at CVRD recycling depots, please call the CVRD Recycling Hotline at 250-746-2540</p> <p><b>Island Health, Duncan Mental health and Substance Use</b> 71 Government St. Duncan OR 3088 Gibbons Road, Duncan 250-737-2007 8:30 am - 4:30 pm</p> <p><b>Cowichan Tribes</b> Ts’ewultun Health Centre 5768 Allenby Rd, Duncan 250-746-6184 8:30 am -4:30 pm</p>	<p><b>CVRD Recycling and Waste 250-746-2540</b></p> <p><b>Bings Creek</b> 3900 Drinkwater Road, Duncan open daily from 8 am - 5 pm</p> <p><b>Peerless/Ladysmith</b> 10830 Westdowne Road, Ladysmith <b>Summer Hours (April 1 to October 31):</b> Wednesday through Sunday, 9 am - 5 pm <b>Winter Hours (November 1 to March 31):</b> Wednesday, Saturday and Sunday only 9 am - 5 pm</p> <p><b>Meade Creek/Youbou</b> 8800 North Shore Road, Lake Cowichan <b>Summer Hours (April 1 to October 31):</b> Tues, Wed, Sat and Sun, 9 am - 5 pm <b>Winter Hours (November 1 to March 31):</b> Wed, Sat and Sun only 9 am - 5 pm</p> <p><b>Warmland House</b> 2579 Lewis St, Duncan 250-715-1132 gate open 8 am – 5 pm; after hours use drop box located just outside the gate.</p> <p><b>Margaret Moss Health Unit</b> 675 Canada Ave, Duncan, BC 250-709-3050, 8:30 am -4:30 pm.</p> <p><b>Chemainus Health Care Centre</b> 9909 Esplanade St, Chemainus 250-737-2040, 7:30 am -10:30 am. MUST BE IN SHARPS CONTAINER.</p>
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# 24 Hour Drop Box Locations



## For Duncan Core Area

*Barefoot in the Park*  
Safe Needle Disposal Toolkit  
Cowichan Region



## Sharps Pick up Service Providers

### Canadian Mental Health Association (CMHA)

#### Sharps Pick Up Team

7 Days a week

250-732-3330 text or phone

### CVI Harm Reduction Services

Duncan and area, Tues 3 pm – 8 pm

Ladysmith, Fri & Sat 4:30 pm – 9:30 pm

1-844-482-4239 OR 250-510-3637 text or phone

## Resources and Information

### NARSF Programs

<http://www.narsf.org/>

250-754-2773

### Cowichan Community Policing

<http://www.warmlandcops.com/>

250-701-9145

### Island Health, Communicable Diseases Prevention and Control Services

<http://www.viha.ca/mho/disease/communicable-disease-services.htm>

1-866-665-6626

### BC Health Link

811

<https://www.healthlinkbc.ca/>

### AIDS Vancouver Island

250-384-2366

[www.AVI.org](http://www.AVI.org)



### Margaret Moss Public Health Unit, Duncan

250-709-3050

[www.viha.ca](http://www.viha.ca)

### Ladysmith Public Health Unit

250-739-5777

[www.viha.ca](http://www.viha.ca)

### Lake Cowichan Public Health Unit

250-749-6878

[www.viha.ca](http://www.viha.ca)

### British Columbia Centre for Disease Control

604-707-2400

[www.bccdc.ca](http://www.bccdc.ca)

### “What is HIV/AIDS?” Public Health Agency of

Canada: <https://www.canada.ca/en/public-health/services/diseases/hiv-aids.html>

### Hepatitis C Information

[www.hepinfo.ca](http://www.hepinfo.ca)





**DBIA Downtown Safety**  
*Community Safety Advisory Commission (CSAC)*

**Summary**

In May 2016, representatives of the Downtown Business Improvement Association (DBIA) attended a CSAC meeting to present on concerns in the downtown area related to increasing break-ins and theft. CSAC was informed of a special working group developed to address downtown safety in Duncan by the City of Duncan. Closed meeting minutes from this closed working group were sent to CSAC.

**Issues**

The DBIA presented a record of thirty-one incidences over a six-month period between October 2014 and April 2015. In addition, it was observed that there has been an increase in drug use, sleeping out/homelessness in the downtown core. Further, thefts have also been escalating at Kinsmen Park. Plants have been stolen and there is more sleeping in the park. The DBIA noted that they have reallocated some of their budget to fund commissionaires to provide surveillance three – four evenings per week.

**Background**

Discussion by CSAC members revealed that more information was needed from the closed working group as to the status of downtown safety and whether CSAC needed to conduct further analysis. Contact with the DBIA (Ana Francisco) was made on August 15<sup>th</sup>, 2017 and they were pleased to announce that the frequency of break ins and thefts were down. The DBIA collects ongoing statistics from its business members (see attached spreadsheet). The DBIA has continued with increased commissionaire presence and have increased shifts to 6 hours 4 nights a week from previous shifts of 4 hours 3 nights a week. The closed working group last met in September 2016 and will only meet on an as needed basis from this point on. Representatives from the DBIA and the City of Duncan staff continue to meet regularly to discuss the business of the commissionaires.

**Next Steps**

No further next steps are required at this time.

Christy Villiers, Safer Futures Manager

Prepared August 28, 2017

## DOWNTOWN DUNCAN BIA

### Reported Theft & Vandalism Statistics January - July 31, 2017

<u>Date</u>	<u>Theft</u>	<u>Attempted Theft</u>	<u>Break In</u>	<u>Attempted Break In</u>	<u>Graffiti</u>	<u>Other Vandalism</u>	<u>Fraud</u>
06-Jan					1		
13-Jan	1						
18-Jan	1						
13-Feb	1						
15-Feb					1		
21-Feb		1					
28-Feb		1					
01-Mar	1						
13-Mar		1					
18-Mar	1						
18-Mar					1		
22-Mar							1
28-Mar	1						
04-Apr	1						
05-May					1		
31-May						1	
15-Jul	1						
24-Jul				1			
24-Jul	1						
<b>Total</b>	<b>9</b>	<b>3</b>	<b>0</b>	<b>1</b>	<b>4</b>	<b>1</b>	<b>1</b>
<b>Percentage</b>	<b>45%</b>	<b>15%</b>	<b>0%</b>	<b>5%</b>	<b>20%</b>	<b>5%</b>	<b>5%</b>