

Cowichan Community Centre

Parent Guidelines 2024 - Spring & Summer Camps

Our primary focus is to ensure the safety of staff and children attending camps. In order to provide the highest level of care and safety, CVRD will follow guidelines set out by WorkSafeBC, Public Health and BCRPA. We ask that you thoroughly read these guidelines to assist us in minimizing any safety risks.

Attendance Prerequisite

It is imperative that your child is responsible enough to strictly adhere to the guidelines and instructions from staff in order to attend all camps. We ask that parents discuss the following guidelines with their child prior to attending to prepare them for their camp experience.

Screening

Parents will be expected to screen their child for symptoms of illness prior to daily arrival at camp. If your child is sick or showing any of the following symptoms - do not bring them to camp.

1. Showing signs or symptoms of respiratory infection, such as cough, runny nose, or sore throat.
2. Experiencing a fever with a temperature of 38C or higher, or taken any fever reducing medications in the last 12 hours.
3. Experiencing any flu like symptoms.

Entry will be denied if your child suffers from any symptoms above. If your child displays symptoms during the day, you will be asked to pick them up immediately. Contact us regarding a refund.

All Staff Members will also be required to follow a screening process before reporting to work.

Sunscreen Application

Application of sunscreen is a dilemma when trying to minimize physical contact with children & between children. While we will still assist a child with sunscreen application when necessary, we will need to take universal precautions. To ensure staff assistance is limited, we ask parents to assist in the following manner:

- a. Sunscreen your child prior to drop off.
- b. Teach your child how to apply sunscreen.
- c. Teach your child how to help their sibling apply sunscreen (if applicable).
- d. Very fair skinned children or those who burn easily should wear a sun shirt.
- e. Encourage your child to wear a hat.

What to Expect During Camp

- Lunch/Snacks – it is your responsibility to provide your child with enough food and water to get them through the day. No food sharing will be allowed. We ask that you send your child only with their lunch/snacks for the day in a clean lunch bag that includes an ice pack if refrigerated items are included.
- All items should be nut free.
- Please pack a water bottle each day.
- Children will be asked to wash their hands before and after lunch and snacks.
- Staff will enforce increased hand washing for both themselves and children, utilizing the posted procedures within the facility.
- Washroom use throughout the day will still take place as a “buddy” system so a child is not on their own.
- Daily activities and free play will be part of your child’s day, please make sure that they are dressed appropriately for inside and outside play, including wearing appropriate footwear, and bringing swimwear/towel and helmet/gloves etc.

Pick Up and Drop Off

Drop off and pick up times will be included in the **Welcome to Camp** email sent out the week before camp. A few important details are noted below:

- Our staff will be busy getting ready for the day, so will not be able to accommodate early arrivals.
- If your child will not be attending camp, please let us know by calling 250-748-7529.
- Please be sure to arrive on time for pick up.

Please note: failure to pick on time could result in a post camp fee being charged.

Participants with Diverse Needs

Parents/guardians must indicate on the Emergency Form if their child has extra support needs or requires an aid at school. Please note that parents/guardians of children with known special needs must disclose and discuss their child’s needs with the Recreation Programmer prior to enrollment.

A reminder, if your child requires an aid at school, they will require an aid in our camp program.

For further clarification, please contact the Recreation Programmer by email at cccprograms@cvrd.bc.ca or by phone 250.748.7529.

Camp Do's

- ✓ RESPECT OTHERS’ PERSONAL BUBBLES by keeping your arms, legs, etc. to yourself
- ✓ RESPECT OTHERS’ PERSONAL BELONGINGS - please keep important personal items at home
- ✓ LISTEN WHEN A LEADER IS TALKING – no one else should be talking
- ✓ BE KIND TO ONE ANOTHER by not calling each other names and being inclusive
- ✓ WEAR YOUR HAT AND SHOES (unless otherwise told by a leader)
- ✓ KEEP YOUR FEET ON THE GROUND
- ✓ STAY WITHIN THE BOUNDARIES - stay where a leader can see you
- ✓ Use the BUDDY SYSTEM when going to the washroom or filling up water bottles
- ✓ HAVE FUN!