



**PRACTICE PHYSICAL DISTANCING. STAY HOME IF YOU ARE NOT WELL. WASH HANDS BEFORE AND AFTER ATTENDING ANY PROGRAM.**

Arbutus Park Swim Lessons	Set A July 6 - 29 Tuesdays/Thursdays 8 Lessons	Set B July 28 - Aug 16 Mon/Wed/Fri 8 Lessons *No class Aug 2	Set C Aug 17 - 26 Monday - Friday 8 Lessons
	Please note that lessons do not run on weekends or statutory holidays.		
Sea Otter & Salamander	3:00 p.m. - 3:30 p.m. 8 Lessons \$42 Code: 35819	3:00 p.m. - 3:30 p.m. 8 Lessons \$42 Code: 35837	3:00 p.m. - 3:30 p.m. 8 Lessons \$42 Code: 35845
Sunfish, Crocodile & Whale	2:30 p.m. - 3:00 p.m. 8 Lessons \$42 Code: 35820	2:30 p.m. - 3:00 p.m. 8 Lessons \$42 Code: 35838	2:30 p.m. - 3:00 p.m. 8 Lessons \$42 Code: 35846
Swim Kids 1	2:00 p.m. - 2:30 p.m. 8 Lessons \$42 Code: 35821	2:00 p.m. - 2:30 p.m. 8 Lessons \$42 Code: 35839	2:00 p.m. - 2:30 p.m. 8 Lessons \$42 Code: 35847
Swim Kids 2	12:45 p.m. - 1:15 p.m. 8 Lessons \$42 Code: 35822	12:45 p.m. - 1:15 p.m. 8 Lessons \$42 Code: 35840	12:45 p.m. - 1:15 p.m. 8 Lessons \$42 Code: 35848
Swim Kids 3 & 4	12:15 p.m. - 12:45 p.m. 8 Lessons \$42 Code: 35833	12:15 p.m. - 12:45 p.m. 8 Lessons \$42 Code: 35841	12:15 p.m. - 12:45 p.m. 8 Lessons \$42 Code: 35849
Swim Kids 5 & 6	11:45 a.m. - 12:15 p.m. 8 Lessons \$42 Code: 35834	11:45 a.m. - 12:15 p.m. 8 Lessons \$42 Code: 35842	11:45 a.m. - 12:15 p.m. 8 Lessons \$42 Code: 35850
Swim Kids 7 & 8	11:00 a.m. - 11:45 a.m. 8 Lessons \$50 Code: 35835	11:00 a.m. - 11:45 a.m. 8 Lessons \$50 Code: 35843	11:00 a.m. - 11:45 a.m. 8 Lessons \$50 Code: 35851
Swim Kids 9 & 10	10:15 a.m. - 11:00 a.m. 8 Lessons \$50 Code: 35836	10:15 a.m. - 11:00 a.m. 8 Lessons \$50 Code: 35844	10:15 a.m. - 11:00 a.m. 8 Lessons \$50 Code: 35852

Our certified swim instructors will help your child refine their skills.

**For all levels of Red Cross Swim Preschool and Red Cross Swim Kids 1 – 4, parents/caregivers are required to be in the water with swimmers.**

**Lifeguards on-duty**  
 July 3 - August 29  
 Monday to Friday  
 10:00 a.m. - 5:00 p.m.  
 Saturday and Sunday  
 July 10 - August 29  
 12:00 p.m. - 5:00 p.m.

**COVID-19 protocols in place.**

For more information or to register please call:  
 Cowichan Lake Recreation at 250.749.6742 EXT 0



[cvrd.bc.ca](http://cvrd.bc.ca)

