

• SOUTH COWICHAN RECREATION • SUMMER 2021 •

registration open now

ROLL ON IN TO SUMMER FUN • • • • • • • • • •

BIKE RODEO | All Ages

Come out and join us for bike decorating, bike maintenance, road rules, obstacle course, bike art and a bike wash! Everything and anything bike, don't miss this fun and educational day!

Saturday | June 19
10:00 a.m. - 11:00 a.m. | Code: 36720
11:45 a.m. - 12:45 p.m. | Code: 36721
FREE Admission | Registration Required
Kerry Park Recreation Centre



Mountain Biking Camp | Ages 10 - 14

Join our professionally certified coaches and take your riding to the next step with our on-trail lessons and skill building sessions. Our coaches have years of experience working with youth in mountain bike settings, and our 1:6 coach to rider ratio ensures individual feedback and attention. Skill sets covered include on-bike balance, body position, cornering, climbs and descents, braking, gear selection and shifting, small jumps and drops, basic mechanical repairs, trail etiquette, and safe falling techniques. Riders will be assessed at first session and arranged into appropriate skill groups.

Monday - Friday | July 5 - 9 | 9:00 a.m. - 2:00 p.m.
5/\$350 | Code: 36334 | Instructor: Nolan Riding
Cobble Hill Mountain, Cleasby Bike Park

Tuesday - Friday | Aug 3 - 6 | 9:00 a.m. - 2:00 p.m.
4/\$280 | Code: 36335 | Instructor: Nolan Riding
Cobble Hill Mountain, Cleasby Bike Park

Scooter Skills Camp - Intermediate Ages 8 - 12

After building a solid foundation of the basic scootering concepts in the previous camp, the aim of this camp is to further develop trick ability.

Monday - Thursday | July 26 - 29
9:30 a.m. - 12:30 p.m.
4/\$84 | Code: 36333 | Instructor: Josh Anzarut
KPRC - Skate Park

Due to COVID-19, there's a little bit more you need to know about our programs. Before attending your program, please read the guidelines that are applicable:

[KERRY PARK PROGRAM GUIDELINES](#)

[SHAWNIGAN PROGRAM GUIDELINES](#)

KERRY PARK ARENA PROGRAMS

Summer Public Skating | All Ages

Sundays | Aug 11 - Sept 5 | 1:00 p.m. - 2:00 p.m. | Code: 36356
Wednesdays | Aug 11 - Sept 5 | 6:00 p.m. - 7:00 p.m. | Code: 36358
Pre-registration Required | Regular admission rates

Youth and Adult Skating Lessons | Ages 13+

This program is for youth and adults that have rudimentary skating abilities and would like to improve their skills. Prerequisite: participants must be able to stand unassisted on the ice.

Wednesdays | Aug 11 - Sept 1 | 7:30 p.m. - 8:15 p.m. | 4/\$50 | Code: 36349

Active Communities Learn to Skate Program | Ages 5 - 12

This program is for children and youth who want to improve their skating in a fun and motivating. Prerequisite: participants must be able to stand unassisted on the ice.

Wednesdays | Aug 11 - Sept 1 | 5:00 p.m. - 5:30 p.m. | 4/\$32 | Code: 36106

Rink Rats Hockey Skills | Ages 5 - 7

This session will give your child a chance to try hockey. Basic skating skills required.

Wednesdays | Aug 11 - Sept 1 | 5:00 p.m. - 5:30 p.m. | 4/\$36 | Code: 36107

Street Smart Cycling for Kids | Ages 6 - 10

Do you want to feel safer riding on the road? Become a Street Smart cyclist. The day will include basic bike maintenance, rules, rider visibility and safety, road positioning, traffic lights, bike set up, bike handling, proper braking, and understanding your gears. Gain confidence through cycling games and have fun. All participants must have a certified bike helmet, functioning bike and basic riding skills.

Saturday | June 19 | 1:30 p.m. - 4:30 p.m.
1/\$40 | Code: 34797 | Instructor: Stephen Pilcher
Kerry Park Recreation Centre

Scooter Skills Camp | Ages 8 - 12

Have a blast at the skate park! This program helps all levels of scooter riders gain knowledge and technical skills in a safe environment. Classes will be filled with exciting games and instruction, and will be taught by an experienced scooter rider who has a passion for teaching his sport. Please bring your own scooter and helmet.

Monday - Thursday | 9:30 a.m. - 11:30 a.m.
July 5 - 8 | 4/\$56 | Code: 36329
Aug 30 - Sept 2 | 4/\$56 | Code: 36330
Instructor: Josh Anzarut | **KPRC - Skate Park**

Skateboarding Lessons | Ages 10 - 14

Improve your skateboarding with an experienced skateboarder who enjoys sharing his knowledge and love for the sport in a safe and supportive way. These lessons are for new or intermediate boarders who want to develop skills such as riding around the bowl, grinding ledges, shredding rails, and flat-ground tricks. Our instructor has a teaching style that will help you reach your goals faster and boost your confidence. Please bring your own skateboard, helmet, and other protective gear.

Tuesday/Wednesday | 9:30 a.m. - 11:30 a.m.
July 20 - 21 | 2/\$28 | Code: 36382
Aug 24 - 25 | 2/\$28 | Code: 36383
Instructor: Teagan Deveau | **KPRC - Skate Park**

LET'S GET SPORTY • • • • • • • • • •

World Cup Soccer Summer Camp | Ages 4 - 12

Former European Pros and National Level coaches will provide skills, drills, mini games, and fun competition. Bring your water bottle and protective sun gear. Parent assistance is required for ages 4 - 5. Instructor: Brett Hyslop

Monday - Friday | July 12 - 16 | **KPRC - Sports Fields**
Ages 4 - 5 | 9:30 a.m. - 10:20 a.m. | 5/\$49 | Code: 36763
Ages 5 - 6 | 10:30 a.m. - 11:45 a.m. | 5/\$75 | Code: 36231
Ages 6 - 9 | 9:00 a.m. - 12:00 p.m. | 5/\$145 | Code: 36233
Ages 10 - 12 | 9:00 a.m. - 12:00 p.m. | 5/\$145 | Code: 36234

Monday - Friday | July 26 - 30 | **Shawnigan Hills Athletic Park**
Ages 4 - 5 | 9:30 a.m. - 10:20 a.m. | 5/\$49 | Code: 36764
Ages 5 - 6 | 10:30 a.m. - 11:45 a.m. | 5/\$75 | Code: 36244
Ages 6 - 9 | 9:00 a.m. - 12:00 p.m. | 5/\$145 | Code: 36245
Ages 10 - 12 | 9:00 a.m. - 12:00 p.m. | 5/\$145 | Code: 36246

Monday - Friday | Aug 23 - 27 | **KPRC - Sports Fields**
Ages 4 - 5 | 2:00 p.m. - 2:50 p.m. | 5/\$49 | Code: 36765
Ages 5 - 6 | 3:00 p.m. - 4:15 p.m. | 5/\$75 | Code: 36248
Ages 6 - 9 | 1:30 p.m. - 4:30 p.m. | 5/\$145 | Code: 36249
Ages 10 - 12 | 1:30 p.m. - 4:30 p.m. | 5/\$145 | Code: 36251

Sports Camp | Ages 6 - 13

Join us for this exciting camp where we will put away the screens and get active! Our leaders will create a fun and safe environment for developing sport-specific skills and basic movement skills, with any necessary modifications. Spend time outdoors, play sports, and try new activities in this dynamic camp. Please wear athletic clothing and running shoes, and bring a healthy lunch and a water bottle.

Ages 6 - 9

Monday - Friday | July 6 - 10 | 9:00 a.m. - 4:00 p.m.
5/\$160 | Code: 36124 | Instructor: Norah O'Reilly-Ryan
Kerry Park & Shawnigan Lake Community Centre

Ages 9 - 13

Monday - Friday | 9:00 a.m. - 4:00 p.m.
July 19 - 23 | 5/\$160 | Code: 36125
Aug 9 - 13 | 5/\$160 | Code: 36128
Instructor: Norah O'Reilly-Ryan
Kerry Park & Shawnigan Lake Community Centre

Girls on the Move Camp | Ages 9 - 13

This action-packed camp is for girls only! Our leaders will create a fun and safe environment where we will put away the screens and get active. Spend time outdoors, play sports, and try new crafts and activities in this dynamic camp. Please wear athletic clothing and running shoes, and bring a healthy lunch and a water bottle.

Monday - Friday | 9:00 a.m. - 4:00 p.m.
July 12 - 16 | 5/\$160 | Code: 36126
Aug 16 - 20 | 5/\$160 | Code: 36127
Instructor: Norah O'Reilly-Ryan
Kerry Park & Shawnigan Lake Community Centre

EcoQuest Kayaking | Kayaking Introduction Camp Ages 8 - 12

Paddle your way to becoming a kayak pro! This camp is great for first-timers and those who are looking to develop more skills. Explore different locations on the water while learning safety, terminology, tips and tricks! All required safety equipment, kayaks and transportation are included. See www.ecoquestadventures.ca for more complete information.

Monday - Friday | June 28 - July 2 | 9:00 a.m. - 3:00 p.m.
4/\$249 | Code: 36283 | No session July 1
Shawnigan Lake Community Centre

Kayaking Essentials Camp | Ages 8 - 12

This is the next step after successfully completing the "Introduction to Kayaking Camp". Kayakers will continue to build on their skills including advanced paddling, safety, rescue and trip planning while exploring new locations on the water. Campers are required to bring a basic wetsuit; however, all required safety equipment, kayaks and transportation are included. See www.ecoquestadventures.ca for more complete information.

Monday - Friday | Aug 16 - 20 | 9:00 a.m. - 3:00 p.m.
5/\$309 | Code: 36284 | Instructors: EcoQuest Adventures
Shawnigan Lake Community Centre

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LEARN A NEW SKILL THIS SUMMER • • • • •

Byte Camp - Claymation Movie Production | Ages 9 - 12

Make your own clay characters come to life, just like Shaun the Sheep! Participants will work with a partner to build their own clay characters, sets and props; develop their own script; shoot their movie scenes; and then learn to edit and add sounds and special effects to complete the whole project. Don't worry, parents, there will be plenty of time devoted to outdoor games and activities!

Monday - Friday | July 26 - 30 | 9:00 a.m. - 4:00 p.m. | 5 Days \$335 | Code: 34976

Kerry Park Recreation Centre

Byte Camp - 2D Game Design | Ages 11 - 14

Learn how to build an HTML5 game from the ground up using awesome free tools. This is a coding camp, so be prepared to challenge yourself and learn some new skills. Time will be spent learning how to create advanced 2D vector artwork and animated character sprites to make your game look great. The final project is a game you can take home on USB or proudly share with friends online.

Monday - Friday | July 12 - 16 | 9:00 a.m. - 4:00 p.m. | 5 Days \$335 | Code: 34973

Kerry Park Recreation Centre

Home Alone + First Aid and Healthy Cooking | Ages 10+

We have combined the At Home Alone program with the Kid Proof First Aid for Kids course to help prepare your child for an emergency. Students will learn how to respond to emergencies and stay safe while at home alone. This fun summer session will include a healthy cooking class with safe home alone options as well as recipes that require an adult to be home.

Wednesday/Thursday | July 7 - 8 | 9:00 a.m. - 1:00 p.m. | 2/\$105 | Code: 35999

Wednesday/Thursday | Aug 11 - 12 | 9:00 a.m. - 1:00 p.m. | 2/\$105 | Code: 36000

Instructor: Cheryl Proctor | Kerry Park Recreation Centre

LT Dance Acro Arts Ambition Camp | Ages 6 - 11

Acro Arts Ambition is the perfect introduction to Acro Dance! Students will build strength and flexibility while exploring Acro Dance tricks and skills alongside creative choreography and proficient dance steps. Each day offers an exciting new activity including a black light dance party, creative arts and crafts, outdoor games and scavenger hunts, a pyjama day with an afternoon movie and more! The whole week is wrapped up with a showcase performance for parents on the last day. A week of memories will last a lifetime in each students' take-home journal.

Monday - Friday | Aug 23 - 27 | 8:30 a.m. - 2:30 p.m. | 5 Days \$190 | Code: 36221

Shawnigan Lake Community Centre

Youth Leadership Camp | Ages 12 - 15

Are you interested in becoming a leader in recreation and sport or working with children? In this program future leaders will learn leadership skills, strategies for working with children, skills in running games and activities, important safety and wellness practices and basic first aid skills. We'll have some fun too! As a bonus, you will come away from this program with your Babysitter's Certification. Participants that successfully complete an eligible volunteer assignment during the summer will be issued a certification of completion for your resume.

Monday - Friday | July 19 - 23 | 9:00 a.m. - 4:00 p.m. | 5 Days \$195 | Code: 36090

Kerry Park Recreation Centre

Art Camp | Ages 8 - 12

Calling all crafty kids! Join our creative leader for this week of adventurous and artful fun! We will experiment with different materials and techniques to create magnificent paintings, stunning sculptures, wacky inventions, daring drawings and more. Each day will be sure to include lots of movement, outdoor time and we are sure to make a few messes!

Monday - Friday | Aug 30 - Sept 3 | 9:00 a.m. - 4:00 p.m. | 5 Days \$175 | Code: 36097

Kerry Park Recreation Centre

SHAWNIGAN KIDS' THEATRE TROUPE PERFORMING ARTS CAMP Ages 7 - 13

Paul Belanger is back and ready to take all young thespians on a journey they'll never forget. Our mission is to use theatre to help enhance the overall emotional growth of an individual by building self-confidence and self-esteem. This intensive children's theatre camp includes 2 weeks of professional training in acting; musical voice lessons; articulation and voice projection; improvisation; all aspects of theatre etiquette; opportunity to perform in a live theatre production; learning to work together in a team environment towards a common goal of providing the community with a quality, professional theatre production; and best of all, making memories that last a lifetime! All Health Authority orders will be followed. There are lead roles, minor roles, and chorus roles; all depending on numbers of participants, experience, and abilities. If Provincial Health Orders allow for a production, we will produce one. If restrictions are still in place, we will work on small scene productions.

Monday - Thursday | July 26 - 29 | 9:00 a.m. - 2:00 p.m.

Tuesday - Thursday | Aug 3 - 5 | 9:00 a.m. - 2:00 p.m. | No session Aug 2

2 Weeks/\$455 | Code: 36225 | Instructor: Paul Belanger | Shawnigan Lake Community Centre

KERRY PARK

YOUTH SOCCER LEAGUE | Ages 5 - 10

U6 Co-ed | Born 2016

Fall '21 runs Sept 18 - Nov 20 | Winter '22 runs Jan 22 - Mar 12

U7 - U11 | Born 2011 - 2015

Full year season runs Sept 18 - Dec 4 and Jan 22 - Mar 12

Registration Deadline: Tuesday, Aug 31 (Jan 11 for Winter U6)

See [recreation guide](#) for Girls Soccer Initiative and pricing

KERRY PARK

HOCKEY PLAYER DEVELOPMENT Ages 5 - 14

Join head instructor Aaron Spotts for these action-packed development sessions where the focus will be on having fun while developing the skills required to be a well-rounded hockey player. Skills will be taught amidst dynamic drills and exciting scrimmages! Instruction on skills, techniques, and understanding of the game will progress to match the skill and experience of each age group.

Monday - Friday | Aug 16 - 20

Ages 5 - 7 | 10:30 a.m. - 11:45 a.m. | 5/\$95 | Code: 36073

Ages 8 - 10 | 8:30 a.m. - 10:00 a.m. | 5/\$105 | Code: 36075

Ages 8 - 10 | 12:30 p.m. - 2:00 p.m. | 5/\$105 | Code: 36077

Ages 11 - 14 | 2:30 p.m. - 4:00 p.m. | 5/\$105 | Code: 36076

Instructor: Aaron Spotts | Kerry Park Recreation Centre

FUN IN THE SUN • • • • •

Adventure Camp | Ages 6 - 10

Each themed week will be filled with games, crafts, outdoor play, swimming and water activities. This year, camps are planned as home based camps with short local bus trips, which may be re-evaluated as Provincial guidelines change. Our primary focus this summer is to ensure the safety of children and staff in our camps. Additional health and safety protocols have been put in place. We ask that you read and consider our Summer Camp Guidelines closely prior to registering your child. These guidelines can be found at www.cvr.bc.ca. Prerequisite: Children must be responsible enough to strictly adhere to these Summer Camp Procedures during their time at camp.

Monday - Friday | June 28 - Sept 3 | 9:00 a.m. - 4:00 p.m. | Code: 36339

5 Days \$160 (prorated for short weeks) | No session July 1 & 2, Aug 2

Kerry Park Recreation Centre

Free Drop-in Parks Programs | Ages 3 - 5 and 6 - 12

During the summer months we offer free summer parks programs in five different South Cowichan area parks. These programs are generously sponsored by your local Area Parks Commission. Our preschool park program is designed for children ages 3 - 5 years, and our playground program is for youth ages 6 - 12 years. All of our program staff are enthusiastic, fun, highly motivated, and love to play. These qualified facilitators will lead a variety of games, sports, crafts, and other fun activities.

Please note: this is organized activity time with a facilitator and is not a day care structure. Parents are required to stay at the park for the duration of the Preschool program.

Shawnigan Hills Athletic Park

Location: Hurley Road, Shawnigan Lake

Monday - Friday | June 28 - Aug 27 | No program July 1 & 2, Aug 2

Preschool | Ages 3 - 5 | 9:30 a.m. - 11:30 a.m.

School Age | Ages 6 - 12 | 12:30 p.m. - 3:30 p.m.

Farnsworth Park

Location: Farnsworth Road, Cobble Hill

Monday - Friday | June 28 - Aug 27 | No program July 1 & 2, Aug 2

Preschool | Ages 3 - 5 | 9:30 a.m. - 11:30 a.m.

School Age | Ages 6 - 12 | 12:30 p.m. - 3:30 p.m.

Coverdale Watson Park

Location: Wilmot Road, Cowichan Bay

Monday - Friday | June 28 - Aug 27 | No program July 1 & 2, Aug 2

Preschool | Ages 3 - 5 | 9:30 a.m. - 11:30 a.m.

School Age | Ages 6 - 12 | 12:30 p.m. - 3:30 p.m.

Deloume Park / Huckleberry Park

Monday - Friday | No program July 1 & 2, Aug 2

June 28 - July 30 at Deloume Park (McLaren Rd in Mill Springs, Mill Bay)

Aug 3 - 27 at Huckleberry Park (off Frayne Rd, Mill Bay)

Preschool | Ages 3 - 5 | 9:30 a.m. - 11:30 a.m.

School Age | Ages 6 - 12 | 12:30 p.m. - 3:30 p.m.